



Pink Therapy
 BCM 5159, London WC1N 3XX
 PH: +44 7971 205323

GENDER, SEX & RELATIONSHIP DIVERSITIES THERAPIST ACCREDITATION

Application form Standard Accreditation (AGSRDT). Please use Adobe Reader to fill it out in order to upload attachments. You can download it for free from [here](#).

CONTACT DETAILS

Name: _____
First Middle Last

Address: _____

City: _____ **Country:** _____ **Postal / Zip Code:** _____

Email: _____ **Mobile/Cell Number:** _____
Country Code Number

Phone Number: _____ **Work Number:** _____
Country Code Area Code Number Country Code Area Code Number

TRAINING

Training Activities (30 hours required)

Date Completed	Training Provider	Content	No. of hours



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Date Completed	Training Provider	Content	No. of hours

Please upload copies of your CPD/Training certificates here

#	Certificate Title	Upload
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		



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Please tell us briefly how you have benefited from training undertaken

Reading and other media (please list up to five items only)

Author/Originator	Title

Please tell us briefly what you have gained



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Practice hours - please list a minimum of five clients, supervisees or groups that make up the required number of hours and demonstrate the range and depth of your practice

Year of Presentation	Client's Gender/Sexual Identity	No. of Contact Hours	Presenting Issues/Concerns



Total number of practice hours with GSRD clients you have completed during the last five years

PERSONAL STATEMENT

Accredited therapists need to satisfy the assessors that they can demonstrate competence in three broad areas:

- ▶ knowledge and understanding
- ▶ skills and abilities
- ▶ attitudes and values

Knowledge and understanding of:

- ▶ sex and gender minority subcultures, including multiple, overlapping identities and an ability to work across genders.
- ▶ a recognition that sexual minorities, whilst sharing some things in common have many things that differential them from each other.
- ▶ different psychological and theoretical perspectives on working with sexual and gender minority clients (i.e. different developmental theories, the role of stigma and oppression on the self-structure).
- ▶ the historical context of psychological therapies and their relationship to sexual and gender minorities.
- ▶ the dynamics of oppression (internalised and externalised).
- ▶ an awareness of sexual minority cultures which they know little about, and a willingness to develop their knowledge base as part of their CPD.

We believe that sexual and gender minority people have often developed a hypervigilance to being perceived as 'mad, bad and dangerous to know.'

Skills and abilities:

- ▶ the ability to work with hypervigilance in a non-defensive manner and be alert to the clinical implications for the therapeutic relationship.
- ▶ the ability to distinguish to what extent sexuality or gender variance might be relevant to a client's presentation and when it is not.
- ▶ how they have used supervision and CPD as ways to develop themselves as a practitioner with sexual minority clients.
- ▶ that they are able to extend themselves outside of their familiar cultural and social reference points as they engage with clients from diverse communities and backgrounds.
- ▶ that they are able to work from the client's values and beliefs and help clients develop personalised plans, choices and solutions for their lives.



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Attitudes and Values

Accredited therapists will demonstrate to the satisfaction of the assessors that they:

- ▶ hold non-pathologising attitudes to variant sexual and gender identities.
- ▶ are aware of and committed to managing the particular boundary issues that may emerge when working with sexual minority clients, in an ethical and reflective manner.
- ▶ are committed to anti-discriminatory values.
- ▶ embrace an openness to a range of approaches and solutions to human dilemmas, both conventional and non-conventional.

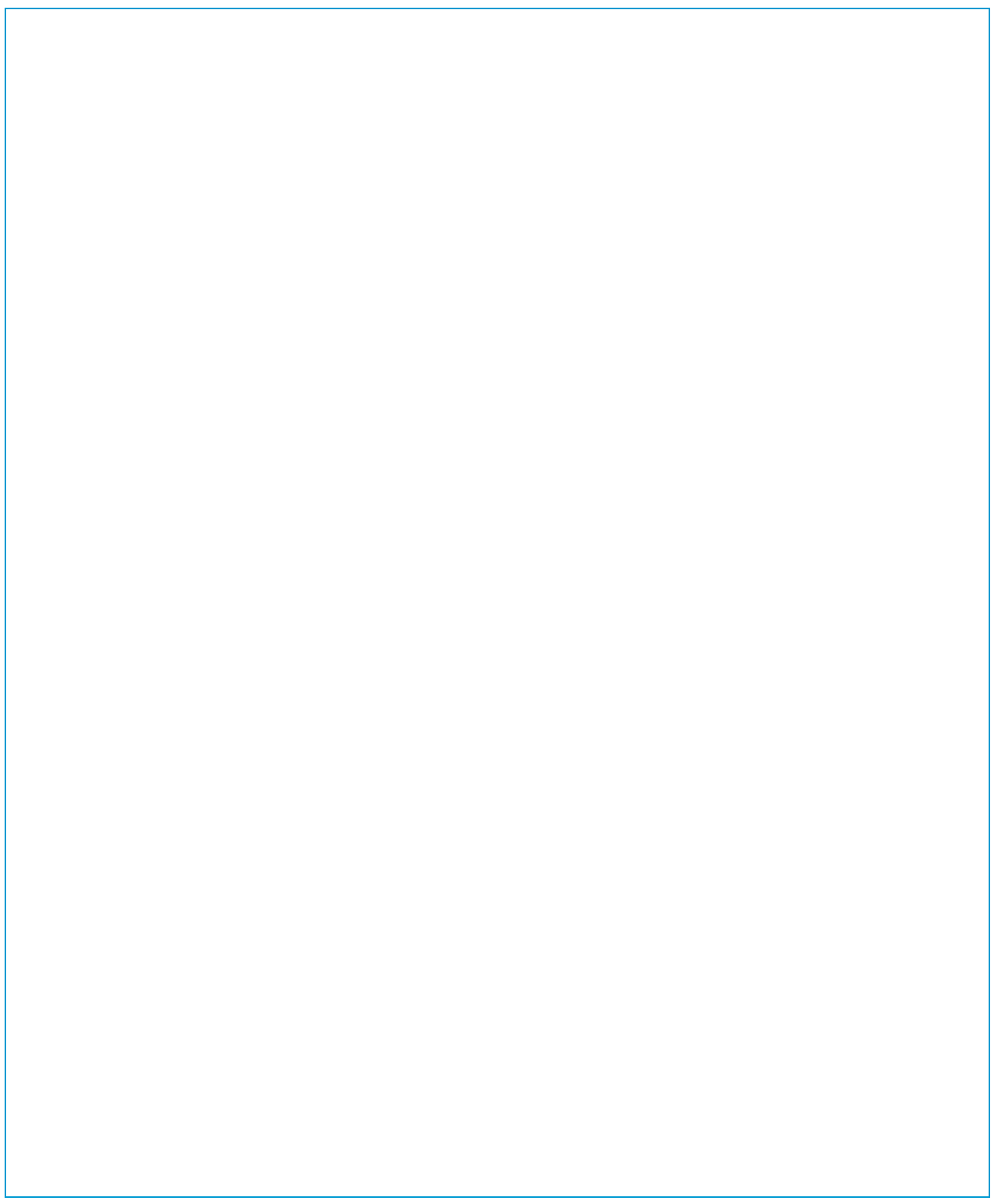


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Please write 500-1500 words mindful of meeting the above criteria. If accrediting for the first time this statement should describe the development and philosophy of your practice with GSRD clients and discuss ethical issues and dilemmas and approaches to diversity. It should also indicate how you envisage your practice developing in the future.



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SUPERVISORS ENDORSEMENT

Your Supervisor is required to complete a short form asking them to confirm their support of your application. They will be asked to state to what degree they are familiar with your general standard of work. Please discuss your application with your supervisor and forward the supervisor’s report form to them to complete. We can only complete our assessment when we have their form and your own application.

Supervisor’s Name: _____

Supervisor’s Email: _____

DECLARATION

Declaration (please enter your name below). The information in this application is an honest and true record as far as I know.

PAYMENT

To be paid via PayPal:

- Standard Accredited GSRD Therapist (**£ 75.00**)
- Resubmission of a returned application (**£ 50.00**)

TOTAL:

Please save and return this form to: accreditation@pinktherapy.com

Please remember to send your supervisor their form “Supervisors Report” to complete.