**CPD/activities contributing to specialist GSRD knowledge**

Applicants should demonstrate that they have undertaken the required hours of Continuing Professional Development in a variety of ways, including conferences (attending or giving presentations), e-learning CPD modules, formal education (lectures, seminars, courses), in-service training, organising specialist groups, reading books, journals or articles, TV and radio documentaries, podcasts, workshops, writing articles or papers. The source of knowledge (ie author, speaker, trainer etc) should be noted on the form, as well as your learning from the activity.

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| --- | --- | --- | --- |
| Description of learning activity/CPD | Source of knowledge/ training provider | What you gained | No of hours |
| You Tube video on Asexuality | Pink Therapy presented by Jo Russell | Ace spectrum identities, split attraction model and other key concepts. | 1 hour |
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