Client therapy hours

Face to face, telephone or internet-based counselling, psychotherapy or therapeutic group work, ideally with a range of GSRD clients with diverse identities. For the advanced level we will be looking for a breadth of diversity and depth of thinking in your GSRD clients.

You may also include supervision of other therapist’s work; please make clear in the table where this is the case.

Use the following format to demonstrate your client hours. An example is given.

|  |  |  |  |
| --- | --- | --- | --- |
| Year of presentation | Client’s intersectional identities | No. of contact hours | Presenting issues/concerns |
| 2019 | Gay, former sex worker | 6 | Intimacy difficulties, used to fast paced change and gets easily bored. Wants long term relationship – someone to grow old with. |
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Total = hours